



Little Big Man Wrestling Tournament

Friday January 22nd, 2016

St. Thomas More High School Gymnasium
300 Fairmont Blvd.
Rapid City, SD 57701



Preregistration is required!!!

Register by January 20th

Age Divisions

6 & under (Tots), 7 & 8 (Bantam),

Wrestle the age you are that day

Weight Classes

Wrestlers will be paired up with other wrestlers close to the same weight as possible.

CHECK-IN TIMES

Friday night starting at 4:30 pm until 5:30 pm.

All participants must have a current **AAU Membership and birth certificate**. AAU memberships must be obtained before the competition begins. Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership. The AAU membership is not included as a part of the entry fee for this event.

You will not be allowed to wrestle or coach matside without an AAU card.

WRESTLING START TIME

6:00 pm

Three 1 ½ minute periods

MATSIDE COACHING RULES

Matside coaching will be allowed for all coaches with an AAU card and must obtain a coaching pass and attend a mandatory coaches meeting (at 5:45 pm) prior to the start of the tournament. Individuals without a valid AAU card in hand at the start of the tournament will not be allowed matside – no exceptions. Only one coach is allowed per wrestler.

Please help keep your wrestlers parents away from the mat so everyone can see.

AWARDS

1st, 2nd, 3rd, will receive medals and 4th will receive a ribbon

Fees

\$5.00 per wrestler

\$5.00 per coach & \$5.00 for coaching pass

\$5.00 adult

\$5.00 kids

Send registrations to: (include wrestler's name, age, weight, and club)
blackandbluwrestling@gmail.com