



Nebraska Wrestling Camp

June 24-26, 2019

(Monday through Wednesday)

WHERE: Stanley County Parkview Elementary Gym
Ft. Pierre, SD

FEATURING: Mark Manning, Head Wrestling Coach University of Nebraska
2X Big XII Coach of the Year (2008/2009)
World Team Coach - Olympic Coach 2012 and 2016

Eric Montoya, Asst. Coach University of Nebraska
2X All American at Nebraska (133 lbs)
Midlands Champion

INSTRUCTION GROUPS:

- 9:00-11:00am – June 24-26: Cost 65.00 **or** \$60.00 if pre-registered by **Monday, June 24, 2019**
- Ages 7 years old through 6th grade
- This camp will help young wrestlers learn many basic skills, techniques, and holds allowing them to have fun with the sport as well as helping them be successful.
- 1:00-3:00pm – July 24-26: Cost \$75.00 **or** \$70.00 if pre-registered by **Monday, June 24, 2019**
- Ages 7th grade through 12th grade
- This camp will be geared to learning and perfecting the techniques and holds to be successful on any level. We will drill and work hard in all areas (td's, bottom, and top). You will leave camp learning a great deal and allowing yourself to refine the techniques you learn over the summer and have great success next season.

***EACH CAMPER WILL RECEIVE A NEBRASKA WRESTLING T-SHIRT**

Pre-registration can be done by sending the form below to: Craig Heller
28040 US Hwy 14 and 34
Ft. Pierre, SD 57532

If you have questions, Craig can be reached at:
cell phone: (605) 280-0674

***Please Make checks payable to: Stanley County Youth Wrestling Club**

Registration will start at 8:15 a.m. on Monday, June 24th. Hope to see you there!

NAME _____ AGE _____ GRADE _____

ADDRESS _____
Home address city state zip

PHONE _____

EMAIL _____

Shirt size (check one):

M ☐

L ☐

XL ☐

XXL ☐